



Factsheet

Parent/Carer Support in Newcastle

A factsheet for parents/carers of children and young people with Special Educational Needs and Disabilities

This factsheet aims to signpost parents and carers in Newcastle to a wide range of organisations who can offer support and advice. More detailed information can be found on their individual websites or the Local Offer (Newcastle) www.newcastle.gov.uk/localoffer

Family support

Caudwell Children www.caudwellchildren.com

Tel: 07875 206760



Caudwell Children provide family support services, equipment, treatment and therapies for disabled children and their families across the UK. They also run an Enable Sport programme for talented disabled athletes and a Destination Dreams holiday for children fighting life-threatening conditions.

Children North East www.children-ne.org.uk

Tel: 0191 256 2444



Children North East strive to strengthen and empower families who are in crisis and need support by providing services to help them deal with issues they face and enabling them to learn new skills and confidence to tackle life's problems.

Action for Children www.actionforchildren.org.uk

Tel: 0191 272 4990



Action for Children offer parenting programmes, practical support and advice. They can offer intensive support and also work with fathers and male carers.

Contact www.contact.org.uk/northeast

Tel: 0191 213 6300

Email: northeast.office@contact.org.uk



Contact, formerly 'Contact a Family', provides support, advice and information for families with disabled children, no matter what their condition or disability. They help families to find out what is available locally as well as organising workshops, events and opportunities to meet other families with disabled children.

Families in Care www.familiesincare.com

Tel: 07514335410



Families in Care provides an independent advocacy and counselling service for parents and other family members who are, or have been, involved with child protection services across Newcastle.

Smile for Life www.smileforlife.org.uk

Tel: 0191 284 4166



Smile For Life is a charity dedicated to enhancing and enriching the lives of children and young people. They run a coffee shop "Café Beam" which gives work experience to disabled people as well as running "challenge days" for children and young people to try new and exciting activities and challenges which can be enjoyed in a safe and secure environment. They also run a small grants programme.

Carer Support

Newcastle Carers www.newcastlecarers.org.uk

Tel: 0191 275 5060

Email: info@newcastlecarers.org.uk

Newcastle Carers can work with you to help you find the information you need to care for someone and can inform you about other services to help you to look after yourself. They provide a range of services including; information, advice and guidance, drop-in information and advice sessions, Carer Cafés, carer Support groups, complementary therapy, counselling, and a chance to have your say. They also have a dedicated young adult carer service for 18-25 year olds and offer one-to-one and group support, helping carers to understand what they are entitled to.



Barnardo's - Newcastle Young Carers www.barnardos.org.uk

Tel: 0191 271 4615

Supporting those who have caring responsibilities for a family member who has a serious illness or any type of disability. Engages with educational services to reduce the risk of social exclusion or underachieving.



The Relative Experience project facebook.com/therelativeexperience

Tel: 0191 257 2504

This project support kinship carers - people who are bringing up a relative's child. They offer a befriending service and support groups. They campaign for improved rights for kinship carers locally and nationally.



Newcastle Families United www.newcastlefamiliesunited.com

Tel: 0191 277 4700

Email: newcastlefamiliesunited@gmail.com

They are a network for parents, carers and families of children with Special Educational Needs or Disabilities (SEND). They aim to connect families with agencies, organisations and professionals, as well as with other families, providing a structured way to share information and work together to improve services and provisions for parent/carers and children with SEND.



PROPS www.newcastleprops.org.uk

Tel: 0191 226 3440

Positive Response to Overcoming Problems of Substance misuse (PROPS) is a North East based support service for individuals, families and carers of those living with alcohol and substance misuse. PROPS provides a wide range of support services such as: one-to-one support, counselling, drug awareness training, a confidential out-of-hours helpline, volunteer support and respite breaks.



Skills for People

Key House

Tankerville Place

Newcastle upon Tyne

NE2 3AT

Telephone: 0191 281 8737

Fax: 0191 212 0300

Email: info@skillsforpeople.org.uk

Website: www.skillsforpeople.org.uk

Facebook: facebook.com/skillsforpeople

Twitter: [@skillsforpeople](https://twitter.com/skillsforpeople)

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people

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